



Making a choice to heal Part 2

Small Group Questions

1. Re-read 2 Corinthians 5:19 and Matthew. How do you define peace?



“God uses pain to get our attention”

2. How does sharing our experiences help us make more authentic relationships?
What are the benefits of having authentic relationships?



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6. God can and does bring good out of bad. Why is this truth so hard to remember when things are bad?

“Most of us have come to Christ through a crisis”

7. We live in a broken and sinful world. Because of this, all things don't work out the way we always want it to. How is this truth both encouraging and discouraging?

Take-Aways

- 1. We all have pain. We can not escape it***
- 2. We can choose to use our pain for good and ministry***
- 3. Sometimes God uses pain to get our attention***
- 4. Be authentic and real about your pain***
- 5. Living a lie will make you tired. Tell the truth***
- 6. Learn to depend on God's love, follow God's Word, and recognize that we need other people.***